

Longaberger®



Recipe For: Tenderloin

From: Shirley

Ingredients:

Preheat oven to 475°

Cook 10 min. then turn oven off
for at least one hour. Do not
open oven. Turn oven back on to

475° and Cook 10-12 more minutes.

Can Season meat before cooking - Montreal Stek Seasoning
Garlic - Parsley Flakes.

Sauce - 1/4 - 1/2 cup light Mayo (1/4 cup)

8 oz Sour Cream - reduced fat

2 TB Horseradish

1/4 tsp. Pepper

2 TB Dijon mustard